

Personal Training Home (35 USD)



Location **Colorado** https://www.genclassifieds.com/x-262384-z

Personal Trainer - \$35.00 per hourCONTACT INFOKim Farmer

www.milehighfitness.comFEATURESService Area: Front Range

Years of Service: 7 Service Type: Fitness Market Focus: Standard

DESCRIPTIONWe are a group of Certified Personal Trainers working in the Denver, Boulder, Fort Collins, and Colorado Springs areas and will come to your house, fitness center or place of work to develop a professional exercise program to help you lose or gain weight and increase your fitness level. I will do group training for you and your friends in a convenient location.

We also offer AWESOME boot camp classes that start at \$7 per class. Zumba classes are also available in Aurora, Thornton and Denver at various prices. We organize classes for groups, schools, churches and more. Visit our website for more details.

Personal training rates range from \$30-\$60 per session.

Please call or email for more details.

Kim Farmer

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