Good Swim Skill (san jose north)



Location California https://www.genclassifieds.com/x-318309-z

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Hi every body,

Do you want to overcome your water-fear? Do you want to learn swim? or do you want to improve your swimming skills like a dolphin enjoy swimming?

I can offer private swim-lesson for you, or semi-private swim-lesson for you, your friends, and your family. I have been swimming for 20 years, and I can swim four styles, plus side-stroke, which is for rescue use. I am especial good at breaststroke and freestyle. Furthermore, I joined lifeguard training class, diving club, and under water-hockey club for my leisure time. Therefore, I pretty much like swimming. In addition, I have a current CPR certificate.

Swimming is fun, keep your body fit, and it is a good cardio exercise have less joint-injury. In general, having a good swimming skill is a basic self-rescue to prevent from drowning in any water related activities.

So, why don't let you, or your friends and your family together to join my swimming lessons: One person: \$25-30 / hH ; \$40-50 / H Two people: \$40-50 / hH ; \$60-80 / H Three people: \$55-60 / hH ; \$75-90 / H (h:half , H: Hour) Plus+ free Sauna, Spa, and Gym equipment before or after each lesson in the gym clubs.

