## Local Moving rates 3 men 79.99

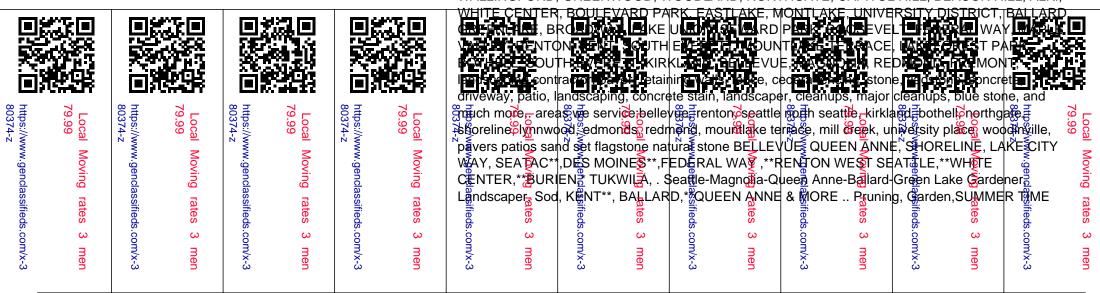


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Key words: landscape service, lawn, mow, service, trim, prune, weed, clean-up, hedge, bark, prune, trim, yard, gutter, mow, mowing, leaf, leaves, yard, lawn, mow, hedge, FREE ESTIMATE FREE QUOTES Quote prune, trim, bush, gutters, labor, clean, haul, dump, renton, seatac, burien, auburn, seattle, kent, paver, retaining walls, fence, cedera fencing, stone, flagstone, concrete, driveway, patio, landscaping, concrete stain, landscaper, cleanups, major cleanups, blue stone, sod, hauling, garden, tree, cedar fence, concrete driveways, paver driveways, mowing, trimming, pruning, professional, edging, fertilizing, yard debris and junk removal, seasonal cleanup, Bellevue, Issaquah, Kent, renton, Maple Valley, Mercer Island, Seatac, south seattle, landscaping, yard care and maintenance, blowing, residential and commercial, five star landscaping, landscape, black berry bush removal, shrub planting and removal, SEATTLE, SEATAC, WALLINGFORD, GREENWOOD, WOODLAND, NORTHGATE, CAPITOL HILL, BEACON HILL, ALKI,



MOWING, WEEDING, EDGING, BUSH REMOVAL, IVY AND BLACKBERRY REMOVAL SOD REMOVAL AND MORE. CALL NOW NORMANDY PARK\*WEST SEATTLE\*BURIEN\*SEATAC\*DES MOINES FEDERAL WAY\*KENT RENTON\*BALLARD\* QUEEN ANNE\*CAPITAL HILL overgrown with blackberries and such, that needs attention I may be available to help. West seattle /burien /white center Gardening, etc.and much more same day service every day call me nowWE DO IT ALL 100% CUSTOMER SATISFACTION!!PAVER -BRICK -STONE -RETAINING WALL -FENCES- GATES- SIDE WALKS \* DRIVE WAYS - PATIOS - (HARDSCAPE)\*PAVERS\*SOD\*FLAGSTONE\*HAULING\*FENCE\* Driveways, patios, stairs, retaining walls, pads, barbecue areas, fire pits and more. No job to big or small.Driveways, patios, stairs, retaining walls, pads, barbecue areas, fire pits and more. No job to big or small.(natural stone / concrete pavers), retaining walls, irrigation systems, plantings, landscape refurbishments offers complete landscape construction services including natural stone and concrete paver installation, retaining walls, custom fences, drainage solutions, lighting, irrigation paver patio, walkway or drive way yard clean up--new lawn -- low voltage lighting-- installation of new sprinkler systems--new fences-- installation of new arbors -- installation of new decks -- concrete patio walkways -concrete or paver driveways -- installation of new retainer walls -- new ponds - drainage systemsPaver and Rock Installation Retaining Wall Experts \*\*Paver, Flagstone Patio & Walkways natural stone, fabricated block and wood steps, stairs, landings ect... as well as paver and retaining wall installation.paver installation, retaining walls, custom fences, drainage solutions, lighting, irrigation and more. lighting sprinkler systems - double check valve - station - automatic timer - new fencesrepair - gate - arbor - decking -railing -steps - patio - walkway - concrete or paver - retainer wall - water pea tunes ponds - drainage systems - drain rocks paver installation (natural stone / concrete pavers), retaining walls, irrigation systems, plantings, landscape refurbishments and much atios, Walks &WallsPaver Driveways Retaining & Seat WallsBack Yard LandscapinG Hi, I am a registered yoga teacher trained in Vinyasa Flow. I will travel to you and teach in your home, office or you could join my classes at my home in Smithtown.I enjoy bringing yoga out of the studio and into the world. Classes can be tailored to meet your needs. I will meet you not only literally where you are in the physical world but where you are in your yoga practice. I love to introduce people to yoga. Everybody has to start somewhere. Don't be afraid to contact me if you are a complete beginner! Private or semi-private classes are great for: -Parents with young kids who need to de-stress but can't find the time to get to a studio -Families with tweens or teens who may not be able to keep guiet for an hour in a yoga studio -Groups of friends who want a more relaxed environment than the typical yoga studio provides -Couples who want to bond with each other and make their relationship stronger -Golf buddies who want to increase their flexibility and range of motion to improve their game -Sports teams that want to prevent injuries, increase balance and flexibility -Student athletes who play on teams that don't put enough time into stretching during training -Busy professionals with work schedules that prohibit them from getting to a group class -Beginners who are intimidated by a class full of more experienced students My price is very reasonable and very similar to the local yoga studios. Give yourself the gift of yoga !!! NamasteOne of the benefits of their machines is that their footpads have proper alignment. This is very important as your bodies alignment is usually thrown off when you use elliptical trainers, which is something that is not mentioned in elliptical trainer reviews. Sole eliminates this by having their footpads at a two degree inward angle. This simple but yet

effective positioning makes a chance of injury to your back, knees, ankles and hips very slim. I will write that personalized, non generic contract for you. It is something that comes easy to me to do. I enjoy doing this and it is something I do in my spare time for people. I do not legalize it, so everything legal about it is something you will do once it is in your hands. I write it once and it is yours to use for as long as you need to use it. If you like it and would like more contracts written for different types of agreements with people, let me know. Thank you so much, and I hope you are having a great day! I am looking for someone to help me make/edit a short video that is going to be giving to a friend who is suffering from numerous types of cancer. It involves overlaying pictures her friends have submitted over a song that has been recorded. The \$ from the sale of the song and video go straight into the friends medical/living expense fund. There is no compensation for your time...but you'd be part of a very special project.CARLOS: 569-4290

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LIC# NV20151096194Looking for a Personal Trainer? I am currently offering affordable, private individual or group personal training sessions! I am a private personal trainer specializing in WEIGHT LOSS, strength training, personal meal plans, weight gain, toning, getting in shape, and many other exercise and wellness services. I am a Certified Personal Trainer, as well as certified in CPR/AED. I am in my final year of school at ASU for a BACHELOR'S DEGREE in Exercise and Wellness. I have taken numerous nutrition and exercise courses that have assisted me in my expertise, and I am currently accepting new clients. I am very personable and accepting of all fitness levels. I am not simply selling exercises, rather a program towards a healthy lifestyle. I, myself, have made a huge body transformation, so I know what it takes! I have a passion for helping people meet their fitness goals, and I hope I can help you with yours! Problem connecting? Start with yourself. I can create a you that will make love and happiness a reality. I will connect you with your spiritual being to attract the people you want in your life. Although the name of the State agency responsible for protecting children changed in 2014 from Child Protective Services (CPS) to the Department of Child Safety (DCS), the problem remains of too many children being injured due to mistakes, lack of supervision, lack of care, and other negligence by CPS or DCS and their group homes. If your child or a child that you care about has been injured while in CPS/DCS or group home care, the child has the legal right to recover for all injuries that are caused by the negligence of others. The injuries may be physical or emotional and may have occurred by accident or unintentionally, or in some cases may have been intentionally inflicted. Regardless of the cause, an attorney should be promptly consulted to investigate, preserve evidence, and initiate appropriate legal proceedings to maximize the child's recovery. It is important to have the right attorney because your choice of an attorney can affect the amount received for injuries. An attorney who is also a certified public accountant is uniquely qualified to represent the child's legal and financial interests and make sure that the child is fully and fairly compensated for all injuries. Although there are many attorneys in Arizona, less than 2% of attorneys have the distinction of also being certified public accountants and can qualify for membership in the American Association of Attorney - Certified Public Accountants (AAA-CPA). Membership in the AAA-CPA is limited to attorneys who are also certified public accountants and who uphold the highest professional and ethical standards. My name is WAGEH E CARPET. I've been a bankruptcy lawyer for almost 20 years. If you call me I'll speak to you personally. First, I'll listen so you can tell me about your financial problems. Then I'll let you know if I can help you. The consultation will be free. If you choose me as your lawyer I'll work to make the process as easy as possible. I've filed thousands of bankruptcies over the decades. I'll apply what I've learned to making the process as easy as possible for you. Let me share an important lesson that I've learned from my clients. You don't want to put this off any longer. There are two important reasons for this. First, you may be surprised at just what creditors can do to you. They can garnish wages, freeze bank accounts and put liens against your property. In cases where a citation has been ignored they can even have the police arrest you. The law gives me tools to stop all of these things, but we have to act before the creditors do. Second, you will be surprised at how relieved you'll be once we make a plan to deal with your creditors. I'll work with you to

create a strategy so you can take control of your life. Just knowing that you'll be getting rid of your debt can be an extraordinary feeling. You want to take advantage of this as soon as possible. Please call now and find out how I can help

Contact

us for your free consultation. Website: www.CARPET.com Call Today WAGEH Sunday & Evening Appointments The Sexner Law Group LLC About Attorney Richard E Sexner: Graduate of Northwestern University with Honors Graduate of the University of Illinois School of Law JD/MA Published Author on Mortgages in Bankruptcy, DCBA Journal Former Chairman of the DCBA Bar Association Bankruptcy Committee Licensed to practice before: \*The Supreme Court of the United States of America \*Supreme Court of the State of Illinois We are a debt relief agency. We help people file for bankruptcy under the bankruptcy code. Legal advertising material. I am the Perfect House and Pet Sitter! I offer this service to anyone who needs a care taker for their House and Pets in their absence, or for any one who is looking to keep a vacant property well maintained and lived in for real estate purposes. I can also offer my Design service and can stage Homes & Apartments. I offer my services to clients for short and long term Home and pet care. My services are free in exchange for rent and accommodations. I have a Resume and References that you may contact once we have spoken. I am Available for both long, mid, and Short term Assignments. I am a cheerful, independent and responsible 34 year old single Woman that would be the perfect candidate to mind your home, pets, plants and pool in your absence. I am very dependable, honest, trustworthy, clean and organized. I have eleven previous clients who you may contact for a reference once we have spoken. In addition I also have three letters of recommendation that I can email to you immediately. My clientele base is diverse and the clients that have found me on Craigslist and other House sitter sites have requested my services again and refereed me to other clients. As A Professional Pet sitter and Dog Walker . I make my own schedule, therefore I can maintain any routine for your home and pets. I have a lot of experience as a house and pet sitter for clients, neighbors, friends family and also their acquaintances. I know the great importance and appreciate the value of maintaining an organize and clean household. In efforts to maintain this goal, one must always exercise cleanliness, organization and administrative duties such as checking mail promptly, accepting and picking up packages, and setting appointments for maintenance. I also love caring for gardens plants and pets and can maintain a pool. I have experience feeding and cleaning up after birds, cats, dogs, fish, kittens, turtles, and administering medication to them. Believe me after living in Manhattan for Nine years I am use to doing all my socializing outside of the house hold, and I believe the home is a place of solace that I keep clean and organized, maintain peace and quiet, work on my laptop and rest. While at your home I will be greatly maintaining and caring for your house and pets. I would like to start another Assignment immediately. I am the perfect house and pet care taker for you. I provide a great opportunity for everyone involved to travel while having the peace of mind and comfort of knowing that their home pets and plants are greatly being taken care of. Please Call me if you are looking for a clean, organized, dependable, trustworthy, quite, cheerful House Sitter. If you are interested in my service please contact Amanda Thank you. About me. I am a qualified, professional guitarist, composer and teacher. I have 5 years experience teaching students guitar and theory from beginners to degree level, 7 years and over. I have a bachelors degree in jazz studies from Leeds conservatoire (UK) and a teaching diploma in further

education. I am also professional performer specialising in jazz and improvised music. I have been a lecturer in jazz, world music and performance in a UK Further Education college as well as working in schools for my local county council. Also a member of LiveMusicNow and SuperAct. I am currently teaching and performing in Berlin, including two of Berlin's international schools. What I teach. I specialise in teaching advanced students in fretboard mapping, strong technique, all aspects of harmony and improvisation. I believe in hard work and building strong foundations, leaving no stone unturned and developing a thorough and usable "matrix" on the guitar. True learning and progress takes time and dedication and practise time is precious. I aim to have everyone student I teach in a place where they can facilitate their own learning and development. I don't just teach "jazz" improvisation but rather a holistic approach to improvisation in western music. However, I am also very experienced with beginners. Skype lessons Skype lessons are highly effective and allow both student and teacher to meet over great distances. However, due to the technical hinderances with using Skype, I only accept intermediate students for online lessons. Lessons come with quality backing tracks, PDF's covering the lessons concepts and soon there will be access to short help videos. The money thing. Lessons are either 40min â,¬15,00 or 1 hour - â,¬20,00. The first lesson is an hour and costs â,¬15,00 as standard. This first lesson provides a decent opportunity for teacher and student to get to know one another and begin constructing a plan for future lessons, taking into account their needs and expectations. Skype lessons cost the same but in addition there will be a test run session for 10 min prior to the first lesson in order to ascertain the quality of the Skype call/connectivity. So if you are interested in having a quality service by an experienced tutor, then please enquire and we can discuss what it is that you want from a teacher Greetings Berlin! The end of the school semester is in sight and so it's time to get a jump start of those English assignments. I offer professional proofreading, editing, and even help developing the content of your English writing assignments. I am a college level English professor from New York City and fluent in all areas of English composition: the essay and all the rhetorical modes, professional writing (resumes and cover letters), documentation (MLA), creative writing, editing, critical proofreading, word choice, effective sentencing, grammar, punctuation, and document design. I also can offer English language tutoring, so if anyone wants to improve their overall English skills (it's striahgt-up American English with no regional accents), you can also hit me up. I have a Masters in English literature, TESOL/TESL/TEFL certified, and a published writer. CV upon request. Prices for services: 10 Euros for every 1000 words (that's two pages following the standard MLA guidelines of spacing and font). As for as turnaround, two pages can be looked over in about an hour and that only depends on your fluency and how much you've developed the content. I am good at developing ideas whether its professional or creative, so if that's needed and we're working together on the paper / project then we shift to the other service. Tutoring is offered at an hourly rate of 15 Euros an hour - - it's a good deal because I'm good. That might sound cocky but it's really just confidence, and it's this confidence that I can instill your English writing skills free of charge. I specialize in native Spanish speakers (didn't I say am from New York?). I'm in Berlin until May 15th - and that point they kicking my out of your beautiful land. But just for the summer. My name is Alex. Cheers. - cement board installation, cement work, cleaning, cabinet refinishing, - chair rails, chairrails, crown molding, ceramic tile installation, - change lock, build closets, custom carpentry, contractor, commercial - drywall installation, drywall repair, deck, decks installed, deck repair, - doors

installed, door installation, drapes, deadbolts, door knobs, - door hanging, durock, durarock installation, demo, drop down stairs, - drop ceilings - emergency service, 24 hour emergency service, entryways floor, flooring, fence installation and repair, finished carpentry, fix, - framing, furniture refinishing and repair, furniture assembling, - formica countertops installed, foyer, foyers, faux finishes - glass installation, glass glazing glasing, glass replacement, garage, - grout cleaning, grout replacement, granite handyman, hardwood floor installation, hang drapes, hanging drapes, - hang pictures, hanging pictures, hanging doors, hardibacker, hardiborad, - home remodeling, home office - install new windows doors, ikea furniture assembly, insulation, - interior painting, interior wall construction, interior remodeling - junk removal, joint compound, jack of all trades - kerdi system, kitchen cabinet installation, kitchen cabinet refacing - laminate flooring, laminate countertops, lock installs, lock installation, - lock replacement, lockset, locksets, locksmith, limestone - masonry, mason, molding, marble work, mortise hinges, marble, - maintenance, mirror hanging, mason repair, mosaic - new door installation, new door installs, new construction, - new window installation, new window installs - odd jobs, odds and ends, office remodeling painting, picture hanging, porches rebuilt repaired, plaster, porcelain, - popcorn ceilings, plastering, patch, patching - repairs, rebuild, replace, replacement, refinish, refinishing, regrout, - replacement windows, replacement doors, remodeling, restoration, - re-point, repoint, renovations, residential, rip outs, recontruction, - re-caulking tubs - sheetrock, shelving, shelves, sparkle, shelves installed, shower, showers, - storm doors, storm windows, same day service, steps, slate, stairs, - sub flooring, spray painting, staining - tile, tile work, tiling, trim, trim work, window tinting, tile setter - vanity, vanities - wall paper hanging, wallpaper hanging, wall paper removal, weld, - welding, wall repair, wallboard repair, window tinting, window washing, - window cord replacement, wood working, wonderboard installation, window replacement, window installation, weather proofing, - wall papering, wall construction - zebra the end \$50 per hour / \$400 per day, 1 man team \$70 per hour / \$560 per day, 2 man team \$200 minimum per visit, 1 man team \$280 minimum per visit, 2 man team 10% discount for Salem, MA residents SERIOUS CALLERS ONLY . . . PLEASE NOTE: For a service of my experience, quality and style you won't find for less than \$2,000, but I know that times are rough, the economy is hurt, I know that because it affects me too, this is how I make a living so my clients budgets it affects mine directly. So I'm willing to cut my prices a little bit The Offer: I will take a 40% OFF from any of the 2 first packages, and a 30% OFF of the biggest package. If you decide to go for the Moonlight (The second) package I will also give you either a "Save the Date" or a "Love Story Video" for free, as I offer it on my website We offer: State of the art custom build SECURITY CAMERA SYSTEMS - CCTV Watch what happens in your store or office while you are home or on vacation, catch thief... we also serve apartment communities and parking garages. State of the art systems. we also offer audio surveillance. Intercom Systems - Video and Audio for home or office - See who is by your front door before you ask All Low - Voltage Wiring needs - cable, satellite, phone, network, intercom, surround sound ... Business or Home. Home Theater Systems installation and set-up HDTV - Set-up (LCD/PLASMA wall mounts) Small Network (wired or wireless) Our website: http://deccoroofingandpaving.webs.com We Offer: New Roofs / Re-Roof's / Repair's Free Estimates & Inspections 24Hr Emergency Service Guaranteed Work Roof System Tune-ups Over 20yrs Exp Prompt Service Mobile Home Roofing Repair Commercial & Residential Flat Roof Repair Preventive Roof Maintenance and Repairs Leak Detection Gutter Replacement, Maintenance and Repair Residential

Shingle Repair Roof Replacement Industrial Flat Roof Repair Composition Shingle Repair Tile Repair Hail Damage Repairs & More. We Also Offer Asphalt & Cement Services: Seal Coating Asphalt: Patching/ Paving/ Over Lays Hot & Cold Asphalt Patching Cement Water Proofing Line Marking & Striping Hot & Cold Crack