

# ARE YOU OR SOMEONE YOU KNOW WORRIED, NERVOUS, OR ANXIOUS (Southern



Location **Texas**  
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Have you or has someone you know been particularly nervous or anxious lately?

Do you or does someone you know worry a lot about different things, and find it hard to stop?

The Anxiety and Depression Research Center at Southern Methodist University invites you to participate in an ongoing psychological treatment study in collaboration with UCLA to reduce symptoms of stress, anxiety, or depression. If you are eligible, you would receive free-of-cost, individual treatment and you will be compensated at post-treatment and follow-up sessions. The evidence-based treatment does NOT include a placebo or drug condition.




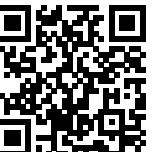






For further information, please contact Denise Crawford at the Anxiety and Depression Research Center at SMU.

Phone:

Email:

To begin the screening process, you may also complete this brief, confidential online survey at the link below:

<http://dedman.qualtrics.com/SE/?SID>

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