













Does your child love running, jumping, flipping, or climbing? This is the PERFECT camp for them to learn how to use their bodies, master parkour/freerunning/tricking skills, build confidence, and to make friends. Throughout each summer camp, we focus on physical skills that help improve their fitness, leadership skills, teamwork, and problem solving skills. Work on your coordination through balance, bound between obstacles, and have fun flipping as we master the skills of parkour and freerunning.

WHEN: Every week starting June 8th to August 21st from 9am to 4pm. Half day options run 9am to 12pm -- OR -- 1pm to 4pm. Extended hour options start at 8am and end at 5pm.

HOW: Each full day camp costs \$250. AM or PM Extended hours are \$30 each or \$50 for both. Half day options are \$135. Initial deposit for camps is \$50.

June 8 -- June 12 -- Super Heroes
June 15 -- June 19 -- Into the Wild
June 22 -- June 26 - Knights of the Enso
June 29 -- July 3 -- Pure Parkour

<p>July 6 -- July 10 -- Jedi Academy</p> <p>July 13 -- July 17 -- Martial Arts Training Camp</p> <p>July 20 -- July 24 -- Video Game Week</p> <p>July 27 -- July 31 -- Freerunning, Judo and Fudo</p> <p>August 3 -- August 7 -- Sports and Games</p> <p>August 10 -- August 14 -- Video Production Week</p> <p>August 17 -- August 21 -- Ninja Warrior</p> <p>More info here: http://ensomovement.com/summer</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>	 <p>PARKOUR and Summer FREERUNNING Camp Enrolling (North Raleigh) https://www.genclassifieds.com/x-443725-z</p>
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