

Personal Training



Location **Pennsylvania**
<https://www.genclassifieds.com/x-511034-z>

Improve the way you live!
Work with Jefferson Phillips, IFBB World Champion, and 25 years of Personal Training experience. Individual and Group Sessions, In-Home option, Assessment and Fitness Goals offered.
Specializing in:
*Weight Loss
*Weight Training
*Strength and Cardiovascular Conditioning

If you're ready to commit to building a HEALTHIER you, CONTACT JEFF TODAY!



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