

# 100lb punching bag set. (stand) with speedbag (150 USD)

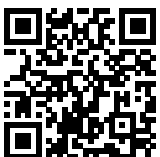


Location **Ohio**  
<https://www.genclassifieds.com/x-561012-z>



Already assembled. Its about 100lbs pretty heavy but its not heavy enough for me to hit without it shaking. Id say this is mainly for teens but if you add a heavier bag or wegh down the set, it would be for anyone. Email for questions.

Speedbag needs air. Id say this is a beginner.



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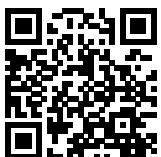
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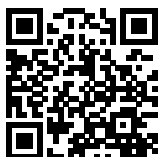
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