Super Cheap Personal Trainer. At the comfort of your own home. Or gym. (Chelsea)



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I am a NYS Wrestling champion and multi- City Champion in USA wrestling. I competed Nationally and for the that I am recognized Throughtout the states. As a wrestler and college basket ball player I know how to lose weight fast and safely. I am not a body builder. I am an expert in cross fitness. I also weight train. I can train anyone any age. My previous clients saw immediate results. Prices can be negotiated especially for students. I don't charge as much as most.







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