

Extreme Personal TrainingCustom Diets (Dallas)



Location Texas https://www.genclassifieds.com/x-568930-z



I am a licensed Personal Trainer.

What Lead me to being a trainer is the passion for bodybuilding and fitness!

My passion for this sport and lifestyle has me doing competitions/shows.

Former 3rd runner up Mr. Arkansas 2012. This Training is not made for the weak but only for the strong/driven.

My Training is to Transform your body in record breaking time. This is not only to help u physically but mentally as well.

This is 1on1 Personal Training programs with custom Diets.

monthly or weekly payments no contracts only commitment is to your self.

I offer unlimited monthly training you call I'll be there train at your convenance and on your time. where ever when ever it is all about you. call, text or ,email me for info. Ask about getting signed up for your first months personal.

