



The CLUES (Cognition for Learning & for Understanding Everyday Social Situations) Study is an NIMH-funded study designed to test which of two treatments is more effective in helping young people who have experienced recent changes in their mental health. Both treatments are individually tailored to help participants achieve goals that are important to them.

You may be eligible to take part in this research if you are 15-30 years old and have any of the following new or worsening experiences:

- İ,§ Having trouble thinking clearly or concentrating on school or work
- İ,§ Remembering important things, like appointments or school assignments
- İ,§ Worrisome decline in academic, work or social functioning
- İ,§ Feeling confused or uneasy in social situations
- İ,§ Suspiciousness or uneasiness around others
- İ,§ Feeling like your mind is playing tricks on you
- İ,§ Concerns about mental health, thinking, or social and every day functioning

- 1) A screening interview to see if you are eligible for the CLUES study
- 2) Assessment of attention, memory and thinking styles
- 3) Assignment to one of two 6-month treatment programs (tailored to the individuals goals)
 - a. CLUES-A) Weekly computer sessions, individual and group meetings focused on improving cognition

Assessments. Participants will complete assessments at

At the end of treatment

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PARTICIPATION IS CONFIDENTIAL

PARTICIPANTS RECEIVE COMPENSATION UPON COMPLETION

Take a free, confidential survey to see if you (or your child) may be eligible for the CUES study.

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