

Sleep and Alcohol Research Study (Providence)

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Location **Rhode Island**
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QR Code Link to This Post You are invited to participate in a research study to explore the effects of alcohol consumption on your sleep and alertness.

Participants must be 35 to 50 years old.

Participation involves following a sleep schedule, wearing a monitor and keeping a sleep diary at home, staying overnight in the sleep lab for monitoring after consuming alcohol, and completing a series of tasks and assessments. The entire study lasts 18 days. You will be compensated for your time.

This study is performed at the Sleep Research Lab, affiliated with Brown University and Lifespan Corporation.

For information, please call Kayla at

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